

Self-study Record

My name:

Activity name/ source:

Timing: Time started: Time finished:

Tools check list: <i>tick</i>	√
Dictionary	
Quiet space	
Subject textbook	
Grammar book	
Other (specify)	

Aim of activity: <i>tick</i>	√
To increase vocabulary	
To develop grammar	
To practise reading	
To practise writing	
To revise	
Other (specify)	

My assessment of activity: *circle*

Did I achieve my aim? Yes/ No

Was this activity useful? Yes/ No

Would I recommend it to a friend? Yes/ No

Follow up: *What should I do next?*

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